



The
Adventure
called
ITT

WHO WILL YOU BE
IN 2023

by Margaret Sap

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Hi, I'm Margaret

My creative learning school started when I was young, playing outside, drawing, singing ... and somehow I've always kept this creative, playful spirit alive. I studied societal trends and worked in creative businesses for many years.

I noticed that conditioning tends to keep people away from this innate well of joy, available at one's fingertips.

It's a natural medicine that I can guide you to gently and kindly as Intentional Creativity and Personal Leadership Coach. It's a joy, honor and privilege to be guiding you.

Margaret



Who will you BE in 2023?

Follow along for the 5 day mini-training

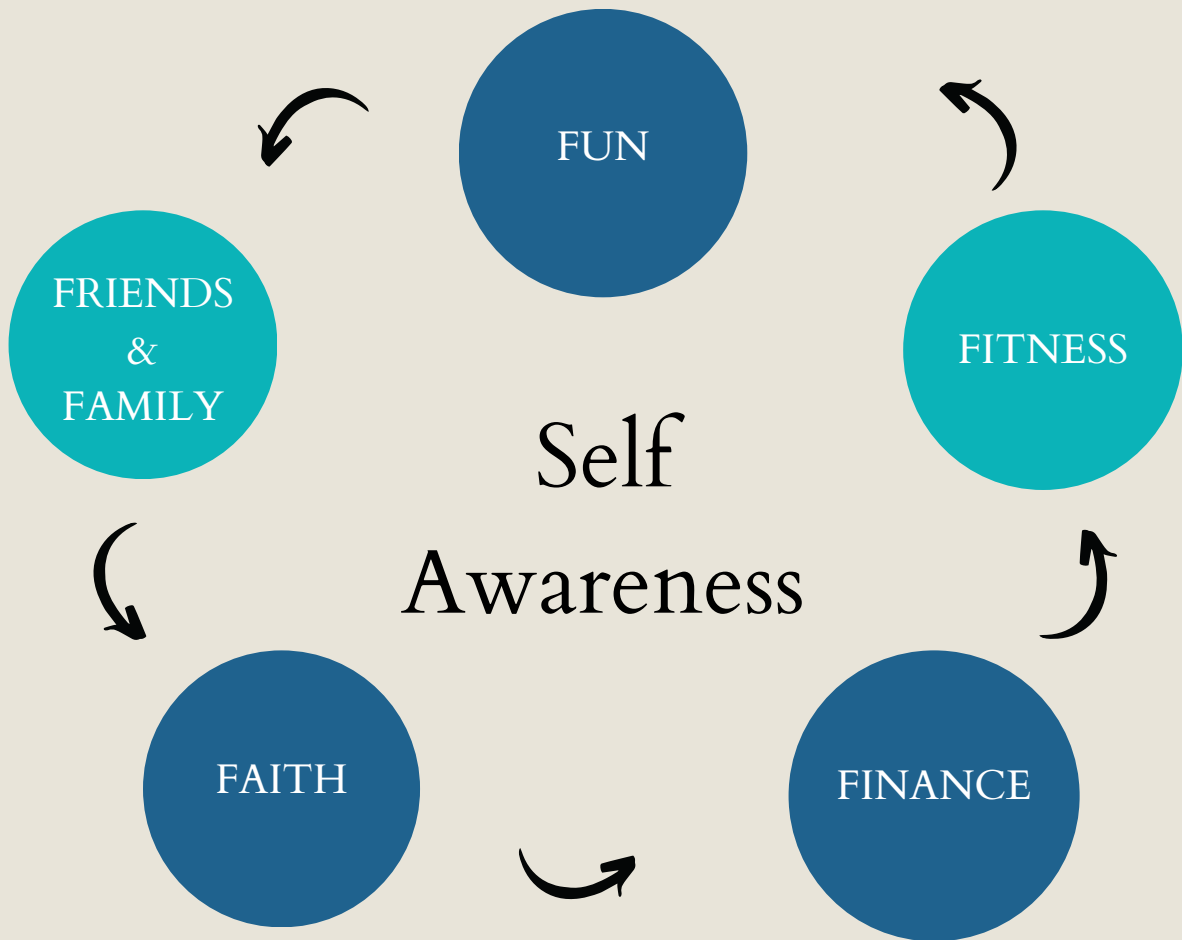
Self Awareness WORKSHEET

Listen to the first two videos (Announcement and Identity)?
What comes to mind after listening to this?

Is there a specific domain you feel most called to bring change to?

Are you aware of character traits that you'd love to improve?

Daily Check-In for SELF AWARENESS



Becoming more aware of your weeks, days and minutes makes it easier to make decisions and manage your emotions in many areas of your life. This training addresses 5 themes.

Ask yourself...

How fun is it to be (with) me?

Day 1

Who will you be in 2023

Consciousness Training



Self Awareness FUN

How to improve the way you show up daily

1

2

3

Ask yourself...

What energy am I
bringing along today?

Day 2

Who will you be in 2023

Consciousness Training



Self Awareness **FITNESS**

How to improve the way you show up daily

1

2

3

Ask yourself...

How can I be at cause
for more generosity?

Day 3

Who will you be in 2023

Consciousness Training



Self Awareness FINANCES

How to improve the way you show up daily

1

2

3

Ask yourself...

Where can I be more discerning?

Day 4

Who will you be in 2023

Consciousness Training



Self Awareness

FAITH

How to improve the way you show up daily

1

2

3

Ask yourself...

Who will I no longer take
for granted?

Day 5

Who will you be in 2023

Consciousness Training



Self Awareness

FRIENDS & FAMILY

How to improve the way you show up daily

1

2

3

Ask yourself...

Where do I choose to be free?

Who will you be in 2023

Consciousness Training



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Self Awareness FREEDOM

How to improve the way you show up daily

1

2

3



Invitation to Free Coaching Class

At times, life can be challenging and overwhelming, leaving us feeling anxious, stressed, and unmotivated.

You might look for ways to cope with your emotions, and there is no one-size-fits-all solution. One of the most effective ways to gain more joy and confidence is by enhancing self-awareness and incorporating conscious creative living into your daily routine.

Remember, the true value of "The One Thing I Want You To Know" lies in its potential to inspire, empower, and guide you towards a life filled with joy, personal growth, and fulfillment.

Invest in yourself and unlock the transformative power within you.

[TELL ME MORE...](#)

THANK YOU!



This is your one and only life and my wish for you is to live your life as free and genuinely joyful as possible. Your choice to invest more time and attention in conscious creative living will add great value to you life experience.

Stay tuned to great opportunities here:



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